

# Black & Blue

## Steakhouse

Breadboard  
£4.50

Giovanna  
Olives  
£4.50

Smoked  
Almonds  
£4.50

### APPETISERS

<b>Soup of the day</b> Sourdough Bread	£ 8.50	<b>Kale &amp; Quinoa Salad</b> Feta Cheese, Quinoa, Kale, Tomato, Pomegranate, Avocado	£ 10/£18
<b>Vegan Meze</b> Hummus, Guacamole, Giovanna Olives, Pitta bread	£ 9	<b>Chicken Skewers</b> Satay Sauce	£ 9
<b>Butterfly Prawns in Crispy Breadcrumbs</b> Sweet Chilli Dip	£ 9	<b>Warm Artichoke, Cheese &amp; Spinach Dip</b> Tortilla Chips	£ 9
<b>Chicken Pate</b> Sourdough Toast	£ 9	<b>Crispy Chicken Wings</b> Salt, Lime	£ 9
		<b>King Prawns</b> Garlic Butter	£ 11

### CHARGRILLED CLASSICS

<b>Smoked Baby Back Pork Ribs</b> Barbecue Sauce, Fries,	£22	<b>Traditional Fish &amp; Chips</b> Beer Battered Haddock, Tartar Sauce, Mushy Peas, Chunky Chips	£21
<b>Grilled Goats' Cheese Salad</b> Bacon, Avocado, Mixed Leaves, Radish, Fennel, Peas, Parsley, Champagne Vinaigrette	£10/£18	<b>Sausage, Mash, Green Beans</b> Peppercorn Sauce	£20
<b>King Prawns</b> Garlic Butter, Grilled Peppers, Fries	£30	<b>Chicken Paillard</b> Rocket Salad, Fries	£20
<b>Chicken and Friends</b> Bacon, Cheddar Cheese, Fries,	£20	<b>Shetland Isles Salmon</b> Dill Crème Fraiche, Baby Potatoes, Green Beans	£24
<b>Baked Field Mushroom</b> Grilled Vegetables, Goats' Cheese, Chunky Chips	£20	<b>Chicken Caesar Salad</b> Chargrilled Chicken Breast Cos Lettuce, Croutons, Parmesan Cheese, Caesar Dressing	£11/20

### BURGERS

	Single	Double		
<b>Bacon &amp; Cheeseburger</b> Cheddar Cheese, Bacon, Fries	£20	£24	<b>Vegan Cheeseburger</b> Vegan Garden Burger, Vegan Cheese, Veganaise, Fries	£20
<b>Guacamole &amp; Smoked Bacon</b> Smoked Streaky Bacon, Guacamole, Fries	£20	£24	<b>Burger Stack</b> Double Burger, Bacon, Cheddar Cheese, Guacamole, Field Mushroom, Chunky Chips	£25

### PRIX FIXE

TWO COURSES £27 | THREE COURSES £30

**Soup of the Day**  
Sourdough Toast

**Vegan Meze**  
Hummus, Guacamole,  
Giovanna Olives, Pitta bread

**Butterfly Prawns in Crispy Breadcrumbs**  
Sweet Chilli Dip

**Chicken Pate**  
Sourdough Toast

**Steak Frites**  
Rump Steak, Béarnaise Sauce, Fries

**Baked Field Mushroom**  
Grilled Vegetables, Goats' Cheese,  
Chunky Chips

**Vegan Cheeseburger**  
Vegan Garden Burger, Vegan Cheese,  
Veganaise, Fries

**Sausage, Mash, Green Beans**  
Peppercorn Sauce

**Kale & Quinoa Salad**  
Feta Cheese, Quinoa, Kale, Tomato,  
Pomegranate, Avocado

**Apple Flan**  
Vanilla Ice Cream

**Cornish Brie, Grapes**

**Ice Cream Sundae**  
Chocolate & Vanilla  
Ice Cream, Chocolate Sauce  
Whipped Cream

**Blood Orange Sorbet**

### SIGNATURE STEAKS

**Steak Frites** £24  
Rump Steak, Béarnaise  
Sauce, Fries

**Flat Iron (8oz)** £29  
Peppercorn Sauce, Fries

**Ribeye (10oz)** £33  
Peppercorn Sauce, Fries,

**Fillet (6oz)** £36  
Béarnaise Sauce, Fries,

#### To Share

**Côte de Boeuf (22oz)** £57  
Peppercorn Sauce, Chunky  
Chips,

### SIDES

**Fries** £5

**Chunky Chips** £5

**Green Beans** £5

**Mashed Potato** £5

**Baby Potatoes** £5

**Sautéed Mushrooms** £5

Chestnut & Portobello  
Mushrooms,  
Red Wine, Chicken  
Jus & Herbs

**House Salad** £8

Iceberg Lettuce,  
Emmenthal Cheese,  
Walnuts, Dijon Mustard Dressing

**Allergens** - before ordering, please speak to our staff about your food allergen and intolerance requirements. The above prices include VAT. We will add an optional 12.5% service charge which is paid directly to our staff.

 blackbluerestaurants  
www.blackandbluerestaurants.com

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## Steakhouse

### RED WINES

	175ml glass	375ml carafe	Bottle
<b>House Wine,</b> Vina Adela, Vina Espana Tinto, Spain	£6.75	£14	
<b>Merlot, Whale Point,</b> Western Cape, South Africa	£8	£16.50	£32
<b>Tempranillo, 'Arbol de Vida',</b> Parra Jimenez, Spain (Organic)	£8.50	£17.50	£34
<b>Flor de Penalva Reserva,</b> Dao, Portugal			£37
<b>Malbec, Highest Point,</b> 'Mendoza', Argentina	£9.75	£20	£39
<b>Primitivo, Secondo Piano,</b> 'Puglia', Italy	£10	£20.50	£40
<b>Rioja Crianza, Bodegas Azabache,</b> Spain	£10.25	£21	£41
<b>Cabernet Sauvignon, Paraiso, Sur,</b> 'Emilliana' Reserve, Chile (Organic)			£42
<b>Pinot Noir, L'Artiste,</b> Loire Valley, France	£10.75	£22	£43
<b>Merlot, Château le Breton,</b> Bordeaux Supérieur, France			£44
<b>Malbec, Altosur,</b> 'Mendoza', Argentina	£11.50	£23.50	£46
<b>Pinot Noir, Long Barn,</b> 'California', USA			£48
<b>Malbec, Saurus Select 'Patagonia' Schroeder,</b> Argentina			£55

### ROSÉ WINES

	175ml glass	375ml carafe	Bottle
<b>House Wine,</b> Vina Adela, Vina Espana Rosado, Spain	£6.75	£14	
<b>Pinot Grigio Rose,</b> San Antini, Italy	£8	£16.50	£32
<b>Pale Rosé, La Belle Eternelle,</b> Languedoc, France	£9.75	£20	£39
<b>Provence Rose, L'Heure d'Or,</b> Provence, France			£45
<b>Whispering Angel,</b> Provence Rosé, France	£15.25	£30.75	£61

### SOMMELIER SELECTS

**Cava Brut Tradicional 'Pupitre' £ 45**  
Castell D'Or, Spain

An authentic Cava. Pupitre captures the magical essence of Barcelona. A classic, refreshing and dry sparkling wine with a fine mousse.

**Chablis 1er Cru £89**  
Mont Milleu, Domain Alain Gautheron,  
Burgundy, France

This traditional Chablis from a top premier cru vineyard has a fresh steely flavour from the influence of the chalky vineyard soils. The palate is expressive with delightful flavours and yet is crisp and dry, with an elegant minerality.

**Margaux, Chateau De La Coste, £79**  
Bordeaux, France

Margaux wines are considered by many to be very elegant and aromatic, with silky smooth tannins. This classic Claret has great finesse and character.

**Brunello di Montalcino, £ 97**  
Donatella Colombini, Tuscany, Italy

The 'Brunello' clone of Sangiovese, which grows in the hills of Montalcino, near Siena, produces Tuscany's most intense and famed red wine.

### WHITE WINES

	175ml glass	375ml carafe	Bottle
<b>House Wine,</b> Vina Adela, Vina Espana Blanco, Spain	£6.75	£14	
<b>Pinot Grigio/Catarratto,</b> IL Barco, Italy	£8	£16.50	£32
<b>Chenin Blanc, Boatmans,</b> South Africa			£33
<b>Viognier Marsanne, Roche de Belanne,</b> Languedoc, France	£8.75	£18	£35
<b>Chardonnay, Paraiso Sur,</b> Chile (Organic)	£9	£18.50	£36
<b>Vinho Verde, 'Loureiro',</b> AB Valley Vineyards, Portugal	£9.50	£19.50	£38
<b>Picpoul de Pinet, Rocs Blancs,</b> Languedoc, France			£41
<b>Sauvignon Blanc,</b> Wairau River Estate, Marlborough, NZ	£11.25	£23	£45
<b>Albarino, Condes de Albarei,</b> 'Rias Baixas', Galicia, Spain			£48

### SPARKLING & CHAMPAGNE

	125ml glass	Bottle
<b>Prosecco Brut Azzillo Extra Dry,</b> Italy	£9	£39
<b>Thomson &amp; Scott, 'Noughty',</b> Sparkling Chardonnay, Spain (0% Alcohol, Organic)	£9	£39
<b>Prosecco Rosé, Barocco,</b> Italy	£9.25	£40
<b>Nyetimber Classic Cuvee,</b> Multi Vintage, England		£72
<b>Laurent Perrier 'la Cuvée' Brut NV</b>		£88

### HOUSE WINES

**175ml Glass £6.75**  
**375ml Carafe £14**

Introducing our easy  
drinking house wines

Crisp White,  
Soft & Fruity Rose  
or Smooth Red