

# Black & Blue

## Steakhouse

Breadboard  
£4.50

Giovanna  
Olives  
£4.50

Smoked  
Almonds  
£4.50

### APPETISERS

|                                                                         |        |                                                                                              |          |
|-------------------------------------------------------------------------|--------|----------------------------------------------------------------------------------------------|----------|
| <b>Soup of the day</b><br>Sourdough Bread                               | £ 8.50 | <b>Kale &amp; Quinoa Salad</b><br>Feta Cheese, Quinoa, Kale,<br>Tomato, Pomegranate, Avocado | £ 10/£18 |
| <b>Vegan Meze</b><br>Hummus, Guacamole,<br>Giovanna Olives, Pitta bread | £ 9    | <b>Chicken Skewers</b><br>Satay Sauce                                                        | £ 9      |
| <b>Butterfly Prawns in Crispy Breadcrumbs</b><br>Sweet Chilli Dip       | £ 9    | <b>Warm Artichoke, Cheese &amp; Spinach Dip</b><br>Tortilla Chips                            | £ 9      |
| <b>Chicken Pate</b><br>Sourdough Toast                                  | £ 9    | <b>Crispy Chicken Wings</b><br>Salt, Lime                                                    | £ 9      |
|                                                                         |        | <b>King Prawns</b><br>Garlic Butter                                                          | £ 11     |

### CHARGRILLED CLASSICS

|                                                                                                                                |         |                                                                                                                         |        |
|--------------------------------------------------------------------------------------------------------------------------------|---------|-------------------------------------------------------------------------------------------------------------------------|--------|
| <b>Smoked Baby Back Pork Ribs</b><br>Barbecue Sauce, Fries,                                                                    | £22     | <b>Traditional Fish &amp; Chips</b><br>Beer Battered Haddock, Tartar<br>Sauce, Mushy Peas, Chunky Chips                 | £22    |
| <b>Grilled Goats' Cheese Salad</b><br>Bacon, Avocado, Mixed Leaves,<br>Radish, Fennel, Peas, Parsley,<br>Champagne Vinaigrette | £10/£18 | <b>Sausage, Mash, Green Beans</b><br>Peppercorn Sauce                                                                   | £20    |
| <b>King Prawns</b><br>Garlic Butter, Grilled Peppers, Fries                                                                    | £30     | <b>Chicken Paillard</b><br>Rocket Salad, Fries                                                                          | £21    |
| <b>Chicken and Friends</b><br>Bacon, Cheddar Cheese, Fries,                                                                    | £21     | <b>Shetland Isles Salmon</b><br>Dill Crème Fraiche, Baby Potatoes,<br>Green Beans                                       | £24    |
| <b>Baked Field Mushroom</b><br>Grilled Vegetables, Goats' Cheese,<br>Chunky Chips                                              | £20     | <b>Chicken Caesar Salad</b><br>Chargrilled Chicken Breast<br>Cos Lettuce, Croutons, Parmesan<br>Cheese, Caesar Dressing | £11/21 |

### BURGERS

|                                                                                  | Single | Double |                                                                                                            |     |
|----------------------------------------------------------------------------------|--------|--------|------------------------------------------------------------------------------------------------------------|-----|
| <b>Bacon &amp; Cheeseburger</b><br>Cheddar Cheese,<br>Bacon, Fries               | £20    | £24    | <b>Vegan Cheeseburger</b><br>Vegan Garden Burger, Vegan<br>Cheese, Veganaise, Fries                        | £20 |
| <b>Guacamole &amp; Smoked Bacon</b><br>Smoked Streaky Bacon,<br>Guacamole, Fries | £20    | £24    | <b>Burger Stack</b><br>Double Burger, Bacon,<br>Cheddar Cheese, Guacamole,<br>Field Mushroom, Chunky Chips | £26 |

### PRIX FIXE

TWO COURSES £27 | THREE COURSES £30

**Soup of the Day**  
Sourdough Toast

**Vegan Meze**  
Hummus, Guacamole,  
Giovanna Olives, Pitta bread

**Butterfly Prawns in Crispy Breadcrumbs**  
Sweet Chilli Dip

**Chicken Pate**  
Sourdough Toast

**Steak Frites**  
Rump Steak, Béarnaise Sauce, Fries

**Baked Field Mushroom**  
Grilled Vegetables, Goats' Cheese,  
Chunky Chips

**Vegan Cheeseburger**  
Vegan Garden Burger, Vegan Cheese,  
Veganaise, Fries

**Sausage, Mash, Green Beans**  
Peppercorn Sauce

**Kale & Quinoa Salad**  
Feta Cheese, Quinoa, Kale, Tomato,  
Pomegranate, Avocado

**Apple Flan**  
Vanilla Ice Cream

**Cornish Brie, Grapes**

**Ice Cream Sundae**  
Chocolate & Vanilla  
Ice Cream, Chocolate Sauce  
Whipped Cream

**Blood Orange Sorbet**

### SIGNATURE STEAKS

**Steak Frites**  
Rump Steak, Béarnaise  
Sauce, Fries £24 |

**Flat Iron (8oz)**  
Peppercorn Sauce, Fries £29 |

**Ribeye (10oz)**  
Peppercorn Sauce, Fries, £33 |

**Fillet (6oz)**  
Béarnaise Sauce, Fries, £36 |

To Share

**Côte de Boeuf (22oz)**  
Peppercorn Sauce, Chunky  
Chips, £59 |

### SIDES

|                                                                                                     |     |
|-----------------------------------------------------------------------------------------------------|-----|
| <b>Fries</b>                                                                                        | £ 5 |
| <b>Chunky Chips</b>                                                                                 | £ 5 |
| <b>Green Beans</b>                                                                                  | £ 5 |
| <b>Mashed Potato</b>                                                                                | £ 5 |
| <b>Baby Potatoes</b>                                                                                | £ 5 |
| <b>Sautéed Mushrooms</b><br>Chestnut & Portobello<br>Mushrooms,<br>Red Wine, Chicken<br>Jus & Herbs | £ 5 |
| <b>House Salad</b><br>Iceberg Lettuce,<br>Emmenthal Cheese,<br>Walnuts, Dijon Mustard Dressing      | £ 8 |

**Allergens** - before ordering, please speak to our staff about your food allergen and intolerance requirements. The above prices include VAT. We will add an optional 12.5% service charge which is paid directly to our staff.

 blackbluerestaurants  
www.blackandbluerestaurants.com

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## Steakhouse

### RED WINES

|                                                                                  | 175ml<br>glass | 375ml<br>carafe | Bottle |
|----------------------------------------------------------------------------------|----------------|-----------------|--------|
| <b>House Wine,</b><br>Vina Adela, Vina Espana Tinto, Spain                       | £6.75          | £14             |        |
| <b>Merlot, Whale Point,</b><br>Western Cape, South Africa                        | £8             | £16.50          | £32    |
| <b>Tempranillo, 'Arbol de Vida',</b><br>Parra Jiminez, Spain (Organic)           | £8.50          | £17.50          | £34    |
| <b>Flor de Penalva Reserva,</b><br>Dao, Portugal                                 |                |                 | £37    |
| <b>Malbec, Highest Point,</b><br>'Mendoza', Argentina                            | £9.75          | £20             | £39    |
| <b>Primitivo, Secondo Piano,</b><br>'Puglia', Italy                              | £10            | £20.50          | £40    |
| <b>Rioja Crianza, Bodegas Azabache,</b><br>Spain                                 | £10.25         | £21             | £41    |
| <b>Cabernet Sauvignon, Paraiso, Sur,</b><br>'Emilliana' Reserve, Chile (Organic) |                |                 | £42    |
| <b>Pinot Noir, L'Artiste,</b><br>Loire Valley, France                            | £10.75         | £22             | £43    |
| <b>Merlot, Château le Breton,</b><br>Bordeaux Supérieur, France                  |                |                 | £44    |
| <b>Malbec, Altosur,</b><br>'Mendoza', Argentina                                  | £11.50         | £23.50          | £46    |
| <b>Pinot Noir, Long Barn,</b><br>'California', USA                               |                |                 | £48    |
| <b>Malbec, Saurus Select 'Patagonia' Schroeder,</b><br>Argentina                 |                |                 | £55    |

### ROSÉ WINES

|                                                             | 175ml<br>glass | 375ml<br>carafe | Bottle |
|-------------------------------------------------------------|----------------|-----------------|--------|
| <b>House Wine,</b><br>Vina Adela, Vina Espana Rosado, Spain | £ 6.75         | £14             |        |
| <b>Pinot Grigio Rose,</b><br>San Antini, Italy              | £8             | £16.50          | £32    |
| <b>Pale Rosé, La Belle Eternelle,</b><br>Languedoc, France  | £9.75          | £20             | £39    |
| <b>Provence Rose, L' Heure d'Or,</b><br>Provence, France    |                |                 | £45    |
| <b>Whispering Angel,</b><br>Provence Rosé, France           | £15.25         | £30.75          | £61    |

### SOMMELIER SELECTS

#### Cava Brut Tradicional 'Pupitre' £ 45 Castell D'Or, Spain

An authentic Cava. Pupitre captures the magical essence of Barcelona. A classic, refreshing and dry sparkling wine with a fine mousse.

#### Chablis 1er Cru £89 Mont Milleu, Domain Alain Gautheron, Burgundy, France

This traditional Chablis from a top premier cru vineyard has a fresh steely flavour from the influence of the chalky vineyard soils. The palate is expressive with delightful flavours and yet is crisp and dry, with an elegant minerality.

#### Margaux, Chateau De La Coste, £79 Bordeaux, France

Margaux wines are considered by many to be very elegant and aromatic, with silky smooth tannins. This classic Claret has great finesse and character.

#### Brunello di Montalcino, £ 97 Donatella Colombini, Tuscany, Italy

The 'Brunello' clone of Sangiovese, which grows in the hills of Montalcino, near Siena, produces Tuscany's most intense and famed red wine.

### WHITE WINES

|                                                                           | 175ml<br>glass | 375ml<br>carafe | Bottle |
|---------------------------------------------------------------------------|----------------|-----------------|--------|
| <b>House Wine ,</b><br>Vina Adela, Vina Espana Blanco, Spain              | £6.75          | £14             |        |
| <b>Pinot Grigio/Catarratto ,</b><br>IL Barco, Italy                       | £8             | £16.50          | £32    |
| <b>Chenin Blanc, Boatmans,</b><br>South Africa                            |                |                 | £33    |
| <b>Viognier Marsanne, Roche de Belanne,</b><br>Languedoc, France          | £8.75          | £18             | £35    |
| <b>Chardonnay, Paraiso Sur,</b><br>Chile (Organic)                        | £9             | £18.50          | £36    |
| <b>Vinho Verde, 'Loureiro',</b><br>AB Valley Vineyards, Portugal          | £9.50          | £19.50          | £38    |
| <b>Picpoul de Pinet, Rocs Blancs,</b><br>Languedoc, France                |                |                 | £41    |
| <b>Sauvignon Blanc,</b><br><b>Wairau River Estate,</b><br>Marlborough, NZ | £11.25         | £23             | £45    |
| <b>Albarino, Condes de Albarei,</b><br>'Rias Baixas', Galicia, Spain      |                |                 | £48    |

### SPARKLING & CHAMPAGNE

|                                                                                                | 125ml<br>glass | Bottle |
|------------------------------------------------------------------------------------------------|----------------|--------|
| <b>Prosecco Brut Azzillo Extra Dry,</b><br>Italy                                               | £ 9            | £ 39   |
| <b>Thomson &amp; Scott, 'Noughty',</b><br>Sparkling Chardonnay,<br>Spain (0% Alcohol, Organic) | £ 9            | £ 39   |
| <b>Prosecco Rosé, Barocco,</b><br>Italy                                                        | £ 9.25         | £40    |
| <b>Nyetimber Classic Cuvee,</b><br>Multi Vintage, England                                      |                | £ 72   |
| <b>Laurent Perrier 'la Cuvée' Brut NV</b>                                                      |                | £ 88   |

### HOUSE WINES

**175ml Glass £6.75**  
**375ml Carafe £14**

Introducing our easy  
drinking house wines

Crisp White,  
Soft & Fruity Rose  
or Smooth Red